

# Getting into the water

1

Place your vessel in the water



2

Step down onto the pontoon platform



5

Place your other leg in the vessel, grab your paddle and enjoy the trail!



4

Sit down on your vessel with one hand on the railing to stabilise yourself



3

Place one hand onto the railing to stabilise yourself and one leg into your vessel

# Getting out of the water

## Safety information

1. It is recommended you wear a personal flotation device and consider taking other safety equipment such as mobile phone, first aid kit, and maps (or download the app) [logan.qld.gov.au/canoeandkayaktrail](http://logan.qld.gov.au/canoeandkayaktrail).
2. Be aware of weather conditions and water temperature. Prepare for changes in weather and the possibility of a capsize. If paddling in cold water, a wet suit or dry suit can keep you warm and comfortable. In warm weather, wear a long sleeve shirt, hat and sunscreen to provide sun protection
3. Beware of winds and tides/currents that may affect trip difficulty and watercraft entry/exit
4. Look out for boats, jetskis and anglers
5. Never mix alcohol or drugs when on the water.
6. Never exceed the weight capacity of your vessel and always check your equipment for wear and tear before you paddle
7. Seek qualified instruction to learn proper paddling techniques, water safety and basic first aid

1

Steady yourself using the railing



2

Lift one leg out of your vessel and place it down onto the pontoon platform



3

Step out of your vessel using the railing to stabilise yourself



Further safety information and entry/exit videos can be found on Paddle Australia's website or Paddle Prep app [paddle.org.au](http://paddle.org.au)

You are responsible for your own safety. With all recreational activities, there is always the possibility of injury or death. Always use common sense and follow the safety rules at all times. In entering this river you are acknowledging that you are aware of unanticipated risks which may include physical injury, drowning and death, in entering you are acknowledging and accepting the risks and conditions of this river.

